



Monthly News

November 2010, Issue 23

Surf, SUP & Fitness

"It's who we are & what we do"



- **Pre-Order SUPs for 2011 from \$899 With a Paddle!**
- **Surf Ontario Gift Cards & Gear**
- **Quick News Links: Orcas Surfing & More**
- **Recommended Fitness Reading: Golf Anatomy**
- **Zumba Fitness**

Surf Ontario Gift Cards! \$25 or \$50

\$50.00
Gift Voucher



SURF
ONTARIO

Please go to our online store www.SurfOntario.com and redeem this voucher on any product.

Voucher 1012xxxxx

From clothing, wax, leashes, stomp pads, roof straps, SUPs, Surfboards to ding repair kits, we have you covered!



**10% off orders placed before April 1st 2011!
NSP, Walden, McTavish, 7S & Jimmy Styks**



NSP from \$1134



McTavish from \$1259



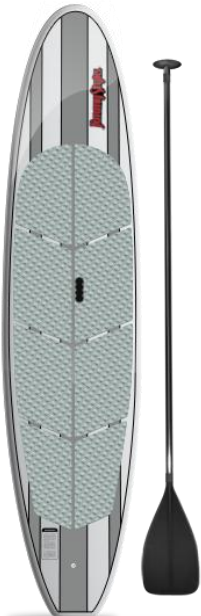
Walden from \$1349



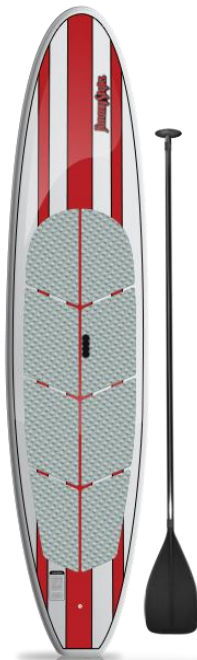
7S from \$ 1223



www.surfontario.ca/online-store-index-sup.htm



**Lil' Billy 10'6" SUP
\$899.10**



**Big Brother 11'6" SUP
\$899.10**



**Mach III 12'6" SUP
\$899.10**



**Woodpecker Race SUP 12'6"
\$1124.10**

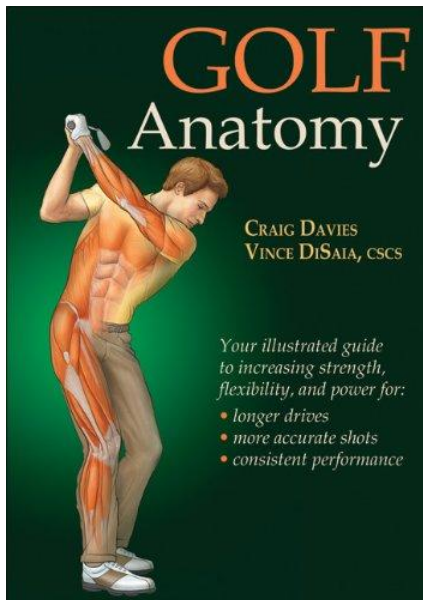
Incredible Value! All Jimmy Styks SUPs come with a Paddle, Bag and Leash!

Surf News

- [What we can learn from Kelly Slater's 10th world title.](#)
- **Kelly Slater at Jeffery's Bay.**
<http://www.youtube.com/watch?v=1lyv16GrhQo&feature=related>
- **In the summer of 2010, these two Canadians rode their bikes 1200 miles from Vancouver Island in Canada to Tijuana, Mexico. They hauled trailers with surfboards, food and minimal camping gear as they searched for waves and good times.**
<http://www.korduroy.tv/2010/cory-webb-and-dave-cooke-innerviews>
- **Dark Side of the lens. An intimate portrayal of a surf photographer.**
<http://vimeo.com/14074949>
- **6 year old skateboarder Asher Bradshaw at Venice Beach Skatepark**
http://www.youtube.com/watch?v=XkclYFNbBpA&feature=player_embedded
- **Surfing legend Rabbit Kekei shares some history.**
http://triplecrownofsurfing.com/oneillworldcup/videos_view/rabbit_kekai
- **New Zealand – Orcas show up the local surfers!**
<http://www.grindtv.com/surf/blog/22111/new+zealand+orcas+join+surfers+in+search+for+the+perfect+wave/?ref=nf>



Recommended Fitness Reading



Gift Idea for a Surfer



www.studiootto.com/posters.php

Zumba Fitness Party Fundraiser for Adam Beck School

Zumba combines Latin and international music to create a dynamic and effective workout. Party to get fit!

This event was a great time for the students, parents, instructors and vendors.

Here's a link to the next party: <http://www.facebook.com/event.php?eid=156825117696210>



Find us on
Facebook

For fitness, surf & sup news check out our **Facebook** page **Surf Ontario!**

The surf forecast, store specials and video links are added daily.

<http://www.facebook.com/pages/Surf-Ontario/17309984867>