



## Season's Greetings from Surf Ontario!

2010 was an incredible year, characterized by a hot summer and outstanding growth in the surf and stand up paddleboard scene. As more people realize that **Ontario is a gem for SUPing and surfing**, the scene will continue to grow in 2011 with **Surf Ontario** being a leader in the industry.

This coming spring, we will have 7 SUP brands, 12 surfboard brands **and nearly 100 new and used boards to choose from**. We'll have Hobie, NSP, Lost, Coreban, Webber, Jimmy Styks and more, all at unbeatable prices!

We've ordered numerous racing SUP boards in the 12'6" and 14' range and Surf Ontario will have a **SUP racing division** for 2011. We will be introducing a **SUP and Surfboard rental fleet** and **SUP fitness**. We will continue to offer outstanding surf & SUP lessons, tours, demos, and corporate building SUP days.

On the fitness end, we're maintaining a busy studio with private and group training sessions. New for 2011 is the group **SUP Fitness boot camp** taking place at the beach. There is no better way to get fit than on the water!

Wishing you all the best and a Happy New Year,

Mike Sandusky and the Surf Ontario team.

## QUICK LINKS

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[Surf Ontario store](#)

[Surf & SUP lessons](#)

[Fitness](#)

[Photos](#)

[2010 Media](#)

[Torontoist - Lake Surfers](#)

[- Winter No Obstacle](#)

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**SURF & YOGA TRIP**  
**Panama - Santa Catalina**  
**February 21-28: \$1399**

**Surf Ontario, P3 Yoga & Fluid Adventures Panama**


are excited to offer a surf, yoga and adventure trip to Panama! This winter, spend a week learning to surf in one of the most ideal learning environments in the world while rejuvenating your mind and body with one of Canada's top Yoga instructors. Space is limited to 10 individuals.



**This rate includes:**

- Breakfasts & Lunches
- Accommodation: Rancho Estero, Santa Catalina Panama - Right on the beach! Single supplement extra
- 4 Surf lessons with surfboards available for rent daily
- 2 Yoga sessions per day
- Transfers to and from the airport

**For more details contact:**  
[info@surfontario.com](mailto:info@surfontario.com)

 [P3 Yoga](#)

 [Fluid Adventures Panama](#)



[www.SurfOntario.com](http://www.SurfOntario.com)

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